Mental Health in HIV

Hotel Ramada Podgorica, Bulevar Save Kovačevića 74, 81000 Podgorica, Montenegro

Saturday 17th September 2022

Evaluation Summary

1. How well did the meeting meet your expectations?

5 Well exceeded expectations — **1** Did not meet expectations

AVERAGE
4.9

2. How would you rate the effectiveness of the following sessions?

5 Very effective — **1** Not effective

LECTURES:
4.8
AVERAGE

WORKSHOPS:
4.7
AVERAGE

CASE PRESENTATIONS:
4.7
AVERAGE

3. Please let us know which speakers you found helpful, which less so, and any additional subjects we should have covered

" I love all of them and their expertise. Nora - the wise one; Shimu - the clear one, Mike - the radiant one; Sophie - the calm one.

" Every lecture was helpful!

" Every speaker was interesting on its own. Thank you.

" I think I heard useful information from everyone, all very eloquent and informative. However, my biggest mark goes to Shimu; her energy is amazing!

" Everyone was very informative, Shimu most helpful.

" Hvala – Thank you

" Every speaker was helpful and amazing

" Very useful, especially techniques and approach. Thanks to you all!

" It was all great

" Everyone speaks very helpful and covered all the things which is interest to me. But, little bit, Shimu presentation was the most helpful for my work. Thank you for your time and energy

" I'm psychologist so I found Shimu and Nora very useful (technics)

" All good

" All the speakers were pretty great. My personal favourite was Sophie. Mike was super funny, aside from that it was great to hear his life story.

" The lectures were really good. We are so thankful for having us.

" I think treatment of psychiatric disorders very helpful lesson because we hear important information about side effects, interaction of psychiatric therapy

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4. How will this meeting help you in your day-to-day work? (comments only)

❝ This meeting help us very much in our work as we understand that we have to work as team health professionals when we treat our patients

❝ In dealing with our HIV patients, understanding them

❝ I guess in understanding our HIV+ patients a little better

❝ I learned psychological techniques

❝ To prepare some ideas to help patient before referral to specialist clinic

❝ It will help me a lot in my future work!

❝ It will help me with my consultations

❝ Addressing mental health in HIV patients, psychology, and psychiatric support

❝ I'll use the information I found out today in my everyday job with patients and NGO

❝ I work with students so teaching them to beat stigma and discrimination will definitely be useful

❝ Improve communication with co-workers

❝ Think more about mental health of our patients

❝ It is relaxing and revealing to see that no matter when we work we are confronting and solving the same issues

5. What is your overall assessment of the meeting?

AVERAGE
5.0

5 Very effective/Excellent — **1** Not effective/Poor

❝ I want more and continual co-operation with JUSTRI and clinicians at Royal Free Hospital

❝ Excellent!

❝ Excellent – first time integration of Mental Health in HIV

6. Please give suggestions for how future meetings might meet your training needs (comments only)

❝ About metabolic syndrome, co-morbidities and HIV side effects of therapy

❝ We want more meetings like this.

❝ We want more!

❝ Maybe 2 days instead of 1, to practise things

❝ This meeting was good and educational, a lot or practical. In future more workshops

❝ More practical/interactive bits

❝ More of the examples of how to question our patients

❝ Better management o call health workers in MNE, Official letters to management of Health Institutions, call in GP, psychologist, psychiatrist and activist community. Minimum two days, sorry for my English, I hope you understand this

❝ I would appreciate more workshops, but overall, I appreciate all lecture holders we so open to questions. Thank you

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