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Medical Students 2022

Skopje, North Macedonia
& Tirana, Albania

June & October 2022



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“ I would like to thank you, Mike, on behalf of the students and residents who attended this great training event. The thanks go to you and Laura, Andrew and Velimir for great talks and very special atmosphere! I met some students today when they came for the ID round, and they were very pleased and excited having attended this meeting. Looking forward to hearing from you about future activities with JUSTRI”

Dr Arjan Harxhi – Host, Tirana



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Medical Students 2022

Tirana, Albania

Saturday 15th October 2022

William A. Johnson Lecture Hall, Mother Teresa Hospital

HIV ♦ Sexual Health ♦ Key Co-Infections

08:30 -09:00	Registration and Coffee	
09:00-09:10	Mike Youle	Welcome and introduction
09:10-09:30	Laura Waters	20-item multiple choice quiz
09:30-10:00	Milena Stevanovic	Sex is messy
10:00-10:30	Mike Youle	History of the HIV epidemic
10:30-11:00	Coffee Break	
11:00-11:30	Laura Waters	Testing and treating
11:30-12:00	Andrew Scourfield	Co- infections: viral hepatitis, TB, COVID, monkeypox
12:00-12:30	Keith Wells	Living with HIV: the story and questions
12.30-13:10	Lunch	
13:10-13:40	Arjan Harxhi	HIV in Albania – the issues
13:40-14:20	Laura Waters / Andrew Scourfield	Case studies – think/do/treat/follow-up
14:20-14:40	Milena Stevanovic	How to talk to patients
14:40-15:00	Laura Waters	20-item multiple choice quiz -the answers
15:00-15:15	Panel	Closing discussion

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Medical Students 2022

Skopje, North Macedonia
Saturday 11th June 2022

The ZOOM Edition

HIV ♦ Key Co-Infections

08:30 - 09:00	Registration and Coffee	
09:00-09:10	Mike Youle	Welcome and introduction
09:10-09:30	Andrew Scourfield	20-item multiple choice quiz
09:30-10:10	Mike Youle	History of the HIV epidemic
10:10-10:50	Laura Waters	Testing and treating
10:30-11:00	Coffee Break	
11:20-12:00	Andrew Scourfield	TB & COVID: HIV considerations
12:00-12:30	Milena Stevanovic	HIV in North Macedonia – the issues
12:30-12:50	Laura Waters	20-item multiple choice quiz ANSWERS!
12:50-13:00	Mike Youle	Next steps and close

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Medical Students 2022

Skopje, North Macedonia
Saturday 11th June 2022

LEARN ABOUT

HIV ♦ Sexual Health ♦ Hepatitis ♦ TB

FROM TOP UK EXPERTS

– sessions include –

Sex is messy
History of HIV and the epidemic
Viral hepatitis, TB, COVID, monkeypox
How to talk to patients
Testing and treating

– complimentary lunch & refreshments –

all welcome

coffee & registration at 8.30 for 9.00am start

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JUSTRI Medical Students Trainings

Skopje, North Macedonia, June 11th, 2022

Tirana, Albania, October 15th, 2022

The medical students training events organised by JUSTRI have been well received in the past and it was with great sadness that those planned for 2020 were delayed during the COVID pandemic. However, two have now been completed in 2022, albeit with some difficulties.

The first one was planned to be held in June in Skopje, North Macedonia organised in conjunction with Dr Milena Stevanovic from the Clinic for infectious diseases and febrile conditions, her country's acknowledged HIV expert. The second training was held in Albania in October under the auspices of the Dean of the Mother Theresa University Hospital, Faculty of Medicine, Medical University of Tirana and hosted by Dr Arjan Harxhi the Chief of the HIV service and lecturer at the Department of Infectious Diseases.

As with all our medical student trainings we had sought guidance as to their needs and developed suitable programmes;

the JUSTRI team has been creating these trainings for many years so are adept at achieving the needs of the medical student attendees. JUSTRI used our network of contacts to help spread information about the meetings, invite suitable attendees



and distribute materials. For the events, the linkage between local HIV doctors and academics, many of whom we know very well, served to make the planning simple and they promoted the events at their own local institutions.

The event at Skopje had to be changed at the last minute as the flight taking the speakers and staff there was cancelled a



few hours before departure. Therefore, we conducted the meeting virtually, which, overall, worked very well. The students were lively, and they benefited from Milena being able to deliver her talk in person and acquaint them with the issues of HIV and sexual health in their setting. We suggested that some of them could attend the face-to-face meeting later in the year in Albania.

The second training was held on Saturday October 15th at in the Galileo Galilei lecture theatre of the Medical School, in Tirana, Albania. There were 87 attendees,

representing senior medical students and junior residents from the local Medical School and a contingent of ten medical students who travelled six hours from Skopje, to attend the event in person; the first-time medical students from these adjacent countries had been trained together. They were accompanied by Dr Velimir Saveski, who delivered the session on 'Sex is Messy' including our, by now infamous, banana condom challenge game, the video of which is on our website; his session on talking to patients was also very popular.

Evaluation from Skopje:

“ Dear friends and colleagues, evaluations forms from the Medical Students Training in Skopje were evaluated by fourteen of the students and the meeting met all their expectations, Eleven marked 5 as highest evaluation point for all questions and three of them, number 4. As a remark they wrote the need for a training for Sexual and Reproductive Health and Rights (SRHR) training promised which happened in Tirana. Looking forwards for the next event for new students” *Dr Milena Stevanovic – host, Skopje*



The slides from the meetings, programmes, comments, and more pictures are all at justri.org; the evaluations were insightful, and we will take note of the wish for more workshops and case discussions and examples to be included in future trainings.

The project reinforced our belief that training medical students on all aspects of HIV is useful for the prompt diagnosis and entry into treatment and care of PLHIV, and to promote knowledge, reduce stigma. It is paramount to engage medical students who will inevitably be specialists in a wide range of medical specialities to think about HIV, whatever their eventual career becomes, especially in settings where cultural and local stigma against HIV remains endemic. We believe the training of medical students about HIV is highly relevant in all settings and we will look to expand our reach to medical schools linked to HIV services in other countries.



“ It was both a pleasure and a challenge to be part of the medical students HIV training organized by JUSTRI. As a young medical doctor, I find these kinds of gatherings (educative and non-formal) very useful because we are bringing the issue of HIV and SRHR closer to the future doctors. Both the organizers and students were very proactive, and I was proud to be part of the team and I am very thankful for that. I think these kind of meetings are much needed in the region where stigma and discrimination are still present, so we still have a big job to do!”

Dr Velimir Saveski – trainer in Tirana from Skopje

Evaluation Summary

1. How well did the meeting meet your expectations?

5 Well exceeded expectations — 1 Did not meet expectations

AVERAGE

4.9

2. How would you rate the effectiveness of the following sessions?

5 Very effective — 1 Not effective

Please let us know which speakers you found helpful, which less so, and any additional subjects we should have covered

LECTURES:

AVERAGE

4.9

WORKSHOPS:

AVERAGE

4.8

CASE PRESENTATIONS:

AVERAGE

4.9

3. Please let us know which speakers you found helpful, which less so, and any additional subjects we should have covered

- “ I found them all very helpful and the fact they included all the things you need to know about HIV was great
- “ All speakers were good, and we listened to them with pleasure, especially the practical examples of Velimir. Thank you all.
- “ They were all helpful - but Mike stole my heart
- “ There was good communication, good teaching and I had a lot of fun
- “ I learnt how to approach patients and how to help them
- “ Interesting topics which I learned something new, as in epidemiology and treatment
- “ I would like for the future more case studies and less percentages
- “ Laura Waters was very clear and precise on what she said
- “ Mike, Laura, Andrew and the one from Scotland (sic) Skopje very helpful
- “ Maybe some more case studies so we can see the clinical condition more clearly
- “ They covered almost all the important subjects of sexual health with affects us all
- “ Laura kept me focused the whole time; she was awesome!
- “ The speakers were especially good in maintaining an enthusiastic audience, providing quick thinking presentations

4. How will this meeting help you in your day-to-day work? (comments only)

- “ In the way of treating and communicating with patients
- “ It will help us manage HIV and other patients with infectious diseases
- “ The importance of HIV testing and HIV itself, The correct way to tell your patients to have a HIV test
- “ By cases and guidelines, we had the chance to see
- “ It will affect the way I consider patient problems and presentations
- “ I will test more patients of HIV infection
- “ As an infectious disease resident, it helped me to refresh my knowledge
- “ It gave me important information to achieve better results with my patients
- “ It will help me get a better history of the sexual activity of patients
- “ How to reduce the stigma about HIV patients

5. What is your overall assessment of the meeting?

5 Very effective/Excellent — 1 Not effective/Poor

AVERAGE

4.9

- “ Excellent meeting
- “ Very helpful – excellent
- “ Really helpful
- “ It was nice helpful meeting
- “ It wasn't a boring meeting, we also had lots of fun
- “ It was a good learning, and you were all so positive with us
- “ Good training, we need more of these in Albania
- “ The meeting was a good atmosphere and friendly, the time passed fast. My congratulations
- “ It was really good, informative, up-to-date and captivating
- “ Very professional lectures, scientific and interactive

6. Please give suggestions for how future meetings might meet your training needs (comments only)

- “ Having more cases to discuss
- “ More meetings like this in the future
- “ Please make it on weekdays or if weekend outside Tirana (suburbs) to sound more like holiday 😊
- “ It shouldn't last this long
- “ With more practical examples and real cases
- “ It would be great to have more cases to understand different HIV presentations
- “ I believe we should be more frequent meetings like this
- “ More real-life cases and presentations of living with the disease
- “ Every year
- “ I think case studies are a really good way to make information more memorable
- “ Less slides on PowerPoint and more interacting with audience
- “ Just keep going, you are great

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